

Take Charge of Your Health with Enhanced Preventive Care



Preventive services can help you stay healthy and find potential concerns early. Many recommended exams, screenings, immunizations and counseling services are covered at no cost when preventive-care requirements are met.

Preventive Care Category	Covered Services
Children's preventive care	Well-baby and well-child visits; developmental, behavioral, social and emotional screenings; newborn metabolic, bilirubin, thyroid, sickle cell and other screenings; iron deficiency screening; lead screening; tuberculosis screening; hearing screening; vision screening; and fluoride application
Routine adult preventive care	Annual preventive exams; behavioral and emotional health screenings; alcohol and substance-use screenings; tobacco-use counseling; nutrition and physical activity counseling; tuberculosis screening; and blood draws needed for covered preventive laboratory tests
Preventive screenings and tests	Aortic aneurysm screening for eligible men; hepatitis B and C screening; HIV screening; syphilis screening; lung cancer screening for eligible adults; cholesterol screening; high blood pressure screening; and prediabetes screening and counseling
Immunizations	Routine recommended childhood and adult immunizations
Women's preventive care	Annual well-woman exams; routine gynecological exams; cervical cancer screening, including Pap and HPV testing; breast and ovarian cancer risk assessments; eligible genetic testing; pregnancy testing; breastfeeding equipment and lactation support; and contraceptive services
Pregnancy-related preventive care	Bacteriuria screening; chlamydia and gonorrhea screening; gestational diabetes screening; Rh incompatibility screening; and perinatal depression prevention

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Preventive Care Category	Covered Services
Breast cancer screening	Screening mammograms, diagnostic breast imaging and certain additional services used to evaluate possible breast cancer
Bone health	Osteoporosis screening for eligible members age 65 and older, generally once every two years
Colorectal cancer screening	Consultation before a colonoscopy and eligible colorectal cancer screening services for members ages 45 through 75
Fall prevention	Eligible fall-prevention services for members age 65 and older who are at risk of falling
HIV prevention	Preventive counseling and eligible services related to pre-exposure prophylaxis, or PrEP
Preventive counseling	Preventive medicine counseling related to healthy behaviors and reducing the risk of chronic health conditions

Important information for members

Coverage may depend on your age, health risks, how often you receive the service, the diagnosis submitted by your provider, and the specific service performed. Ask your provider to confirm that the service is being performed and billed as preventive before receiving care.

Some routine services listed in the source are covered but may follow your plan’s regular cost-sharing rules instead of being available at no cost. These include the initial Medicare enrollment exam, hearing screening for ages 20 through 21, routine kidney function testing and prostate cancer screening. Vasectomies are not covered under the preventive schedule and follow the plan’s standard cost-sharing rules.