

Full Day Agenda | 09/16/2026

TIME	SESSION	LOCATION	FACILITATOR
8:00 - 9:00am	Microsoft Excel Made Simple: First Steps for Professionals (Level 0)	EDU 210	Kathy Hedges
8:00- 9:30am	Leading Transformational Change: Guiding Your Team with Courage, Clarity and Confidence	ACC 3	Dr. James Hebl (Mayo Clinic)
9:45-10:45am	Microsoft Teams	EDU 210	Alisha Dakon
9:45-10:45am	Foundations of Mindfulness: Practicing Practical Techniques	ACC 1-2	George Neighbors
10:00-11:00am	Advancing the Science: The Latest in Alzheimer's and Dementia Research	EDU 215	Brooke Gill
11:00-1:00pm	Giving and Receiving Feedback	EDU 216	Richard Covington
11:45-12:45pm	Mapping the Flow: Visualizing Data	EDU 210	Dr. Penny Cooper
12:00-1:00pm	Lunch & Learn AI as a Research Tool	Virtual	John Barlow
12:15-2:15pm	Engaging Your Team: Communicate, Motivate & Delegate	ACC 1-2	George Neighbors
1:15-2:15pm	Intro to Excel: Building Your Basic Skills (Level 1)	EDU 210	Kathy Hedges
1:15-2:15pm	Journey of Care: From Community to Community	Mannix	Dr. Clint Merrit
2:30-4:00pm	Leading with Civility: Conflict, Change & the Courage to Be Clear	ACC 1-2	George Neighbors



Scan here for:

- Full class schedules
- Instructor bios
- Session details
- HealthStream registration links
- Session tips & tools



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8:00 - 9:00am	Microsoft Excel Made Simple: First Steps for Professionals (Level 0)	EDU 210	Kathy Hedges
8:00 - 9:00am	Rethinking the Workday: Burnout Prevention, Micro-Breaks and Smarter Meetings	Mannix	Sarah Martin
9:00-10:00am	Unlock Collective Wisdom: The Board of Ideas Experience	ACC 1-2	George Neighbors
9:45-10:45am	Everyday Influence, Extraordinary Results	Mannix	Richard Covington
10:00-11:00am	Microsoft Teams	EDU 210	Alisha Dakon
10:00-11:00am	Staying Steady Through Change	EDU 215	Kim Lee-Asonevich
10:30-11:30am	Creating Connections: Spanish & Cultural Awareness in Healthcare	ACC 1	Brigitta Toruno
11:30-12:30pm	Balancing Candor with Care	ACC 2	Dove Consulting
11:30-12:30pm	Slide into Success: Microsoft PowerPoint for Beginners	EDU 210	Kathy Hedges
12:00-1:00pm	Lunch & Learn Investing in Your Future: Workforce Development at Augusta Health	Virtual	Steve Snyder
12:30-2:30pm	Shaping Perspective: Seeing Workplace Challenges from New Angles	EDU 215	Jessica Martinkowsky
1:00-3:00pm	DiSC: The Power of Communication	ACC 1	Cindy Young
2:30-3:30pm	Navigating Change from Middle Management	Mannix	Kim Lee-Asonevich
2:30-3:30pm	Microsoft Excel Advanced	EDU 210	Alisha Dakon



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