SPIRITAL CARE ARTICLE — NOVEMBER 13, 2025

## The One Thing You Control Every Day: Your Attitude

What is your attitude today? Attitude is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do.

It is more important than appearance, giftedness or skill. It will make or break a family, a company, a community.

The remarkable thing is that we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past. We cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude. Pastor Chuck Swindoll commented, "I am convinced that life is 10% what happens to me and 90% how I react to it."

And so, it is with you and me! We are in charge of our attitudes. So, do you need an attitude adjustment?

With blessings and peace, Chaplain Glen

SPIRITAL CARE ARTICLE — NOVEMBER 13, 2025