

Augusta Health Professional Development Event
October 09-10, 2025
(In-Person & Virtual Event)

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## How to Enroll

Enrollment is completed online via HealthStream



## **Login Instructions:**

To log in as a student, please enter your Employee Number for your User ID.

NOTE: If you should get "locked" out of your account after too many failed login attempts, please wait 5 minutes before trying again.

- 1. After logging in, you will be directed to the HealthStream home screen.
- 2. Select "Catalog" from the menu at the top of the page.
- 3. Enter the course name in the search bar and press "Enter."
- 4. Locate the desired course in the search results and click on it.
- ${\tt 5.Click}\, {\tt 'Enroll''} \, {\tt to} \, {\tt register} \, {\tt for} \, {\tt the} \, {\tt course}.$





## Welcome to the 2025 Investing in Us Professional Development Day!

Professional Development Day is more than an event—it's a commitment. A commitment to investing in you, our team members, who are at the center of everything we do at Augusta Health.

This year, we've created a day that reflects the skills and strengths our future depends on. What to expect:

- Tools to level up your career
- Connection with peers and mentors
- Skills for adapting to change
- Ideas that spark innovation
- Space to focus on you

When you grow, Augusta Health grows. This day reflects our commitment to investing in you—because you're the heart of our mission and the reason we continue to make a difference in our community.

We hope you walk away today inspired, connected, and ready to take your next step forward.

Take a moment on the next page (page 02) to complete "My Professional Development Day Objectives" worksheet and formulate your personal goals and action plans to maximize your self and career development opportunities during this event.

## What do you want to walk away with today?

(Think: a new skill, a fresh perspective, a connection, or maybe just the motivation to take your next step.)

### **Setting Your SMART Goals**

Use this SMART goals framework to create 3 professional goals that excite you and push you forward.

#### How to Write a SMART Goal

## S - Specific

What exactly do you want to accomplish?

Example: Instead of "be a better communicator," write "improve my presentation skills by practicing before team meetings."

#### M - Measurable

How will you track your progress or know when you've achieved it?

Example: "Deliver 3 presentations with positive feedback from my leader."

#### A - Achievable

Is this realistic with your current resources, time, and support?

Example: "Sign up for one training program this quarter" (instead of "become a world-class public speaker by next month").

#### R - Relevant/Realistic

How does this goal connect to your department's priorities and Augusta Health's Balanced Scorecard? Think about how your growth, innovation, or new skills can strengthen your team and the organization as a whole contribute to Augusta's Health's goal of patient experience/"likely to recommend".

Example: "Develop stronger teamwork skills to better support my unit's efficiency and contribute to Augusta Health's goal of improving patient experience."

#### T - Timely

When will you get it done? Give yourself a deadline.

Example: "Complete by December 2025."

Goal	#1
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Specific:
Measurable:
Achievable:
Realistic:
Timely:
Goal #2
Specific:
Measurable:
Achievable:
Realistic:
Timely:
Goal #3
Specific:
Measurable:
Achievable:
Realistic:
Timely:

\*\*Pro tip: Make it real. Consider meeting with your leader, connecting with Organizational Development, or exploring new education/training.\*\*

# Full Day Agenda | 10/09/2025

Class Name	Class Date	Class Time	Location
Microsoft Excel Made Simple: First Steps for Professionals	10/09/2025	8:00am - 9:00am	EDU 210
Facilitator: Kathy Hedges			
Kaizen: Big Things Come in Small Packages	10/09/2025	8:00am - 9:00am	EDU 215
Facilitator: Scott Fowler			
<u>Fostering a Transformative Culture</u>	10/09/2025	9:00am-10:00am	Conference Room C
Facilitator: Phillip St. Ours			
AI as an Office Research Tool	10/09/2025	9:00am-10:00am	Virtual/Teams
Facilitator: John Barlow			
Information Session: Fast Track Your Career with Capella and Strayer	10/09/2025	9:30am-10:00am	Virtual/Teams
Facilitator: Amanda Bubela			
Intro to Excel: Building Your Basic Skills	10/09/2025	9:30am-10:30am	EDU 210
Facilitator: Kathy Hedges			
<u>Developing Education That Sticks: Intro to the Science of</u> <u>Learning and Instructional Design Principles</u>	10/09/2025	9:30am-10:30am	Virtual/Teams
Facilitator: Alisha Dakon			
Investing in Your Future: Workforce Development at Augusta	10/09/2025	10:00am-11:00am	Virtual/Teams
Health			
Facilitator: Steve Snyder			
A3: Project Documentation	10/09/2025	10:30am-11:30am	EDU 215
Facilitator: Scott Fowler			

# Full Day Agenda | 10/09/2025 (continued)

Class Name	Class Date	Class Time	Location
Microsoft Excel   Advanced	10/09/2025	11:00am-12:00pm	EDU 210
Facilitator: Alisha Dakon			
<u>Microsoft Teams</u>	10/09/2025	12:30pm-1:30pm	EDU 210
Facilitator: Alisha Dakon			
Session 1: The History, Concepts, Methodology and Leadership of a Successful Lean Initiative	10/09/2025	1:00pm-5:00pm	EDU 215-216
Facilitator: Scott Fowler			
"Make Your Case" - Developing a Business Case	10/09/2025	1:30pm-2:30pm	ACC 2
Facilitator: Kim Asonevich			
Slide Into Success: Microsoft PowerPoint for Beginners	10/09/2025	9:30am-10:00am	EDU 210
Facilitator: Kathy Hedges			
Generational Differences in the Workforce	10/09/2025	2:00pm-4:00pm	Virtual/Teams
Facilitator: Dr. Andrea Leep-Hunderfund			
Creating an Emotionally Intelligent Culture that Impacts Your Organization's Bottom Line	10/09/2025	2:00pm-3:00pm	Mannix
Facilitator: Dove Consulting			
Building and Sustaining High-Performance Teams	10/09/2025	1:30pm-3:30pm	ACC1
Facilitator: George Neighbors			
Building Buy-In Around A Clear Mission & Vision	10/09/2025	3:30pm-4:30pm	Mannix
Facilitator: Dove Consulting			
Giving and Receiving Feedback	10/09/2025	5:30pm-7:30pm	EDU 215
Facilitator: Richard Covington			

# Full Day Agenda | 10/10/2025

Class Name	Class Date	Class Time	Location
Gemba: Walk the Walk, Talk the Talk	10/10/2025	8:00am - 9:00am	EDU 215
Facilitator: Scott Fowler			
Setting Priorities - Systems for Sustaining Great Results	10/10/2025	8:00am - 9:00am	Mannix
Facilitator: Dove Consulting			
Boost Productivity	10/10/2025	8:00am - 9:00am	ACC 1
Facilitator: Jennifer Huffman			
Intro to Excel: Building Your Basic Skills	10/10/2025	9:30am-10:30am	EDU 210
Facilitator: Kathy Hedges			
UKG Hiring Manager Overview Session	10/10/2025	10:00am-11:00am	Virtual/Teams
Facilitator: Emily Forella			
Engagement Through the Lens of Generation Z	10/10/2025	10:00am-11:00am	ACC 3
Facilitator: Cindy Young			
Repaying Student Loans	10/10/2025	10:00am-11:00am	ACC 2
Facilitator: Jennifer Huffman			
5S - Organization and Optimization of the Workspace	10/10/2025	10:30am-11:30am	EDU 215
Facilitator: Scott Fowler			

# Full Day Agenda | 10/10/2025 (continued)

Class Name	Class Date	Class Time	Location
Self Care - Mental Health Hygiene	10/10/2025	11:30am-12:30pm	ACC 3
Facilitator: Katie Anderson			
Buddy to Boss - Transitioning to Leadership	10/10/2025	11:30am-12:30am	Conference Room C
Facilitator: Wandi Maseko			
Microsoft Excel   Advanced	10/10/2025	11:00am-12:00pm	EDU 210
Facilitator: Alisha Dakon			
Cultivating the Ownership Culture	10/10/2025	12:00pm-1:00pm	ACC1
Facilitator: Jennifer Huffman			
Stress Management at Work and at Home	10/10/2025	12:30pm-1:30pm	Conference Room C
Facilitator: Wandi Maseko			
<u>Microsoft Teams</u>	10/10/2025	12:30pm-1:30pm	EDU 210
Facilitator: Wandi Maseko			
Session 2: Next Steps in Lean - Optimizing Time Usage	10/10/2025	1:00pm-5:00pm	EDU 215-216
Facilitator: Scott Fowler			
DiSC: The Power of Communication Styles	10/10/2025	1:30pm-3:30pm	ACC3
Facilitator: Cindy Young			
Strengthening Team Member Engagement	10/10/2025	2:00pm-3:00pm	Conference Room C
Facilitator: Richard Covington			
Resilience: An Introduction to Better Understand Yourself and Life's	10/10/2025	2:00pm-3:30pm	ACC 1
<u>Experiences</u>			
Facilitator: George Neighbors			
Emotional Intelligence (EQ): Why EQ Matters to Manage	10/10/2025	4:00pm-5:00pm	ACC 1
Facilitator: George Neighbors			

## Virtual | Self-Paced Courses

These courses are offered in a self-paced, on-demand format and can be found on HealthStream. They are designed to support your professional development and contribute toward your PATH program credits.

## **Building Consensus in Meetings**

#### **Class Overview:**

Building consensus is an important, albeit challenging, skill to develop. In this lesson, you'll learn the conditions and steps involved in cultivating consensus as well as four strategies for reaching consensus faster.

#### click here to enroll

## Peer Interviewing: Developing Engagement and Leadership

#### Class Overview:

The practice of peer interviewing- including members of the work group in the hiring process- is a vital step to ensuring success for new team members. It helps to build the foundation for a cohesive and inclusive team by allowing the group to determine if a candidate fits well within the existing culture.

#### click here to enroll

#### **Problem-Solving Fundamentals**

#### Class Overview:

Have you ever known someone who seems to have an answer for any challenge? No matter what life throws their way, they take it in stride. While some people may just have a knack for it, the truth is that anyone can develop strong problem-solving skills

#### click here to enroll

#### Setting a Meeting Agenda

#### Class Overview:

Setting an agenda is an important step toward making your meetings more productive. In this lesson, you'll learn how to develop an effective agenda that will give your team clarity, focus, and alignment.

## click here to enroll

### Handling Difficult Customer Service Scenarios

#### **Class Overview:**

As a customer service representative, you naturally know a lot about your company and its offerings. Paired with compassion, that knowledge allows you to help customers successfully navigate through their troubles.

#### click here to enroll

### Improving Your Project Management Skills

#### **Class Overview:**

With so many different clients, teams, and projects to juggle, project management is a dynamic field. There's always something new to learn for the enterprising project manager—and that means there's always room to improve.

#### click here to enroll

#### **Running an Effective Meeting**

#### Class Overview:

In this lesson, you'll learn the five steps to running meetings that are more efficient, more constructive, and more engaging for you and your team.

#### click here to enroll

#### Overcoming Imposter Syndrome

#### Class Overview:

In this lesson, you'll learn to define impostor syndrome and determine whether it's something you're experiencing. Then, you'll learn how impostor syndrome holds you back as well as how to face that insecurity head-on.

#### click here to enroll

## Session Location Map



#### Mannix Conference Room

78 Medical Center Dr, Fishersville, VA 22939 (Located in the Heart & Vascular Center, 1<sup>st</sup> floor)

### Conference Room C

78 Medical Center Dr, Fishersville, VA 22939 (Located on the 2<sup>nd</sup> floor of the cancer center)

## EDU 215 / 216

64 Sports Medicine Dr Fishersville, VA 22939 2<sup>nd</sup> floor

## EDU 210

64 Sports Medicine Dr Fishersville, VA 22939 2<sup>nd</sup> Floor

### ACC 1-3

15 Sports Medicine Drive Fishersville, VA 22939 1<sup>st</sup> floor



## Augusta Health Professional Development Program | PATH

Augusta Health emphasizes career development from the outset of your employment journey. Through our PATH program (Preparing Aspiring Talent in Healthcare), we provide a central hub for both current team members and prospective candidates to explore career and professional growth opportunities!



## Our Goals

- Grow Personally: Discover your strengths, interests, and career aspirations.
- Learn & Lead: Build professional skills—technical, leadership, communication, problem-solving, and more.
- Connect: Network across teams, share ideas, and build meaningful relationships.
- Thrive Together: Create a culture of continuous learning that inspires growth and innovation.
- Engage & Retain: Invest in our people to boost satisfaction, motivation, and long-term success.



### How it Works

- Every Professional Development activity earns you credits in HealthStream.
- 15 credits = Learner | 25 credits = Advanced | 40 credits = Professional
- Credits come from classes, online learning, and approved external events. (We're even capturing credits back to January 2022!)
- HealthStream will track your progress and keep your transcript in one place.



## Recognition & Impact

This program is designed to help you grow where you are today and prepare for the career you want tomorrow. By investing in yourself, you're not only strengthening your own path—you're contributing to Augusta Health's mission and future.

Be recognized. Be inspired. Be part of the PATH.

## Questions? Contact us!

**(540) 332-4889** 

for more information, scan here to view our website!



## **Explore Augusta Health Scholars**

## Blue Ridge Community College Associate Degree Nursing Program

The new Augusta Health Associate Degree Nursing (ADN) Program, in collaboration with Blue Ridge Community College (BRCC), aims to enhance team member development and address anticipated nursing shortages over the next decade. This ADN program offers a fast track to becoming a Registered Nurse (RN), typically completed in 2-3 years. Graduates quickly gain licensure and enter the workforce, with many continuing to pursue their Bachelor of Science in Nursing (BSN) with Augusta Health's financial support, often in just one additional year.

## Pharmacy Technician Scholars Program

Augusta Health Scholars is a collaborative program to support and sponsor Blue Ridge Pharmacy Technician students. Students accepted into the Scholars program will benefit through robust financial support, professional development opportunities, access to subject matter experts, and unique employment at Augusta Health.

#### Eligable to Apply:

Blue Ridge Community Pharmacy Technician Students

#### **Benefits:**

- Stipend during the experiential education
- Financial assistance with tuition, fees, and books
- PRN position with Augusta Health
- Support programs such as mentorship and continuing education

#### **Certified Medical Administrative Assistant Course**

Augusta Health is pleased to announce a collaborative initiative with Valley Vocational Technical Center to offer a Medical Administrative Assistant Course at no tuition cost to participants. This comprehensive program will run twice a year, featuring a hybrid learning model with in-person sessions held once a week. All participants will have the opportunity to take the NHA Certified Medical Administrative Assistant (CMAA) Certification Exam, which will be offered and proctored as part of the course.

## **Explore Work-Based Learning**

## Informal Internship Program for Non-Clinical Roles

Augusta Health is launching an informal internship program in non-clinical support areas as a step toward a formal partnership with local academic institutions. This program offers motivated students the chance to apply classroom concepts in a professional setting, gain valuable work experience, and explore potential career paths. Interns will develop skills in various support disciplines, including Finance, Human Resources, Information Technology, Fitness, and Marketing, all while contributing to our community at one of Virginia's 50 Best Hospitals. Note that these non-clinical internships do not involve direct patient contact.

For more information regarding any of the programs listed above, please contact us at <a href="mailto:OrgDevelopment@AugustaHealth.com">OrgDevelopment@AugustaHealth.com</a> or visit our website at <a href="mailto:InvestingInUs.AugustaHealth.com">InvestingInUs.AugustaHealth.com</a>

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# Take Our Survey

Did you find today's experience fulfilling? Were you presented with opportunities for professional growth? Could you identify any standout moments that resonated with you? If you have any suggestions for improvement or thoughts on future developments, we would greatly appreciate your feedback. Please take a moment to scan the QR code and participate in our survey, sharing your valuable insights with us!





